

World Cup (All Ages - restrictions apply to U6-U8)



Have players get in pairs and position themselves in the 18 yard box. Working as a team, each pair tries to score a goal when the coach plays a ball in. Play a series of rounds where the last team to score is eliminated until you eventually have one remaining team - the champions. Each round's eliminated pair gets to shag balls for those still playing. **RESTRICTION** - Don't play lofted balls to U6 or U8 players. At this point they are too young to advise heading the ball so consecutively.

Variations:

1. Create boundaries of play (such as in the 18 yard box) or restrictions such as the goal must be scored by a header.
2. Allow eliminated to to reenter the game if they can catch a missed shot from behind the net. This will keep eliminated teams involved and may lengthen the game.
3. Allow victorious pairs to help serve balls, thereby improving their crossing skills as well.

Focus:

The primary focus of the game is to get finish opportunities and half chances. The coach may want to emphasize particular techniques when appropriate, but this drill may be better served as a tool for reenergizing the players and creating excitement.