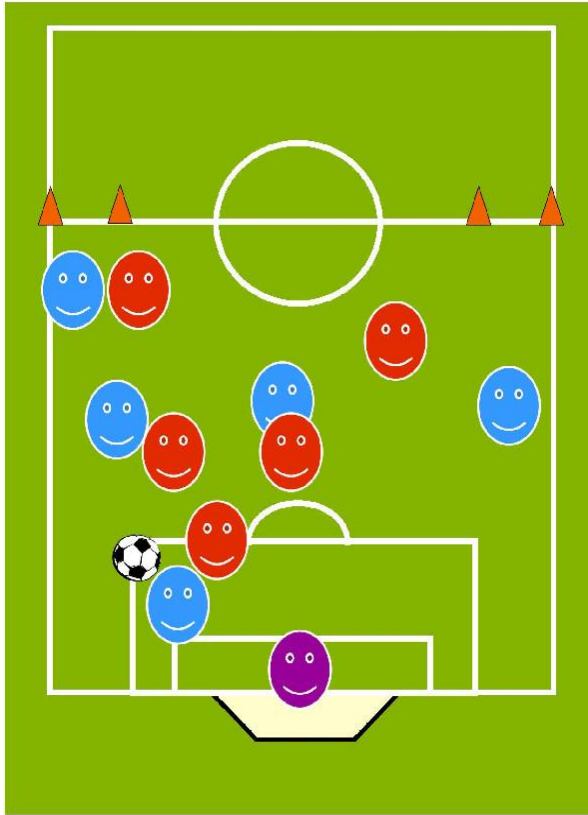


## Two Goals to One Goal (All Ages)



The game is played like a typical soccer game, but replace one goal with two smaller goals spread apart (see above). The game can be played on any size field, but I have demonstrated it above on half of a regular field. One team (red) attacks the large goal and another (blue) attacks the two smaller goals. If the team attacking the large goal scores, they simply continue to attack the large goal. But, if the team attacking the two smaller goals score, they immediately begin to attack the larger goal. In other words, a goal on the two smaller nets means the two teams switch goals.

### Variations:

1. Have the team attacking the larger net try to possess the ball after they score instead of scoring again. Their objective could become getting ten passes in a row. This is a great variation if you are attempting to teach a team how to retain possession of the ball.

2. Have the two teams change goals every time a goal is scored.

### Focus:

Players attacking the two smaller goals should be learning to recognize when it is best to switch fields. If they recognize that there are too many defenders in front of one goal, they should immediately look to change directions and attack the other goal. This is a great drill for working on tactics.