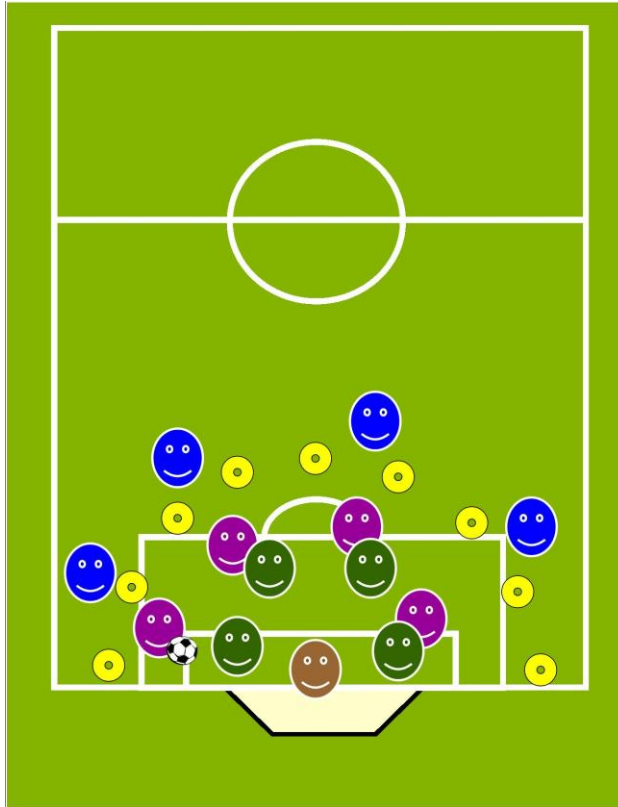


## Three Team Half-Court Soccer



Create an arch of cones around the penalty box and then establish three teams. One team (purple) attacks the goal while another (green) defends. The third team (blue) stands on the perimeter of the arch and acts as support for the attacking team – they (the blue) cannot enter the grid, although they may receive a pass from the attacking team.

If the attacking team (purple) scores, they continue to attack the goal. If the defenders win the ball, they must pass to the third team (blue) on the perimeter of the arch. At that point, the defenders (green) replace the team around the perimeter (blue). The perimeter players (blue) then attack the recent attackers (purple) who now become the defenders. Transitions should be fast!

Variation:

1. Have the perimeter players cross balls for the attacking team to score on.
2. Require the attacking team to string five passes together before they score.

Focus:

The primary focus should be creating scoring opportunities and shooting quickly. On the defensive end, players should be learning the importance of getting the ball to receivers instead of just kicking it up field.